

123 Dance with Me

Learning Outcomes and Course Checklist

Course Overview

Creative movement is a must in preschool programs! Preschool children are not at a point developmentally to sit like good little soldiers. Instead, give them opportunities to move and dance in creative and natural ways. Rhythm, music, movement, and expression are important exercises for children to experience while in a preschool program. This training will educate the participant about the benefits and importance of movement and dance as well as provide some creative movement activities written by a respected child care professional.

Level 2

- Washington STARS credit: Program Planning and Development (2 hours)
- CDA Content Area: Advancement of Physical and Intellectual Development (2 hours)

Objectives:

- Discuss developmentally appropriate dance and movement activities
- Analyze lesson plan activities that include movement or dance
- Explain why a preschool program may include movement and dance

This checklist is for your reference only, and using it is optional. You may print or save it to your computer to use to track your progress.

COURSE CHECKLIST

	1. Introduction
	2. Learning Outcomes and Menu
	3. Let's Dance!
	4. Hey, Get Rhythm
	5. Get Rhythm
	6. Discussion: Rhythm Activities 1/7
	7. Rhythm Sticks Video
	8. You Should be Dancin'
	9. All Together Now
	10. Don't Stop Believin'
	11. Discussion: Dance Inclusion 2/7
	12. Drum Circle Lesson Plan 3/7
	13. Hit, Tap and Strike Lesson Plan 4/7
	14. Shake it up! Lesson Plan 5/7
	15. Walk and Stop Lesson Plan 6/7
	End of Course Assignment 7/7
	Course evaluation form

GETTING HELP

Student Support Hours

Monday - Friday 6:30 am – 9:00 pm

Saturday - Sunday 8:00 am – 9:00 pm

For information on help, go to: <http://www.starsclassesonline.com/getting-help.html>

E-mail: info@starstraining.org

Phone Support: (360) 602-0960

COURSE TRAINER

Debra Hasbrook, M.Ed.

Email: debbiehasbrook@starstraining.org

Trainer Live Chat Hours: Monday-Friday 9 am – 5 pm

CERTIFICATES

This is a LEVEL 2 Course.

If your assignments were adequately completed, you should expect that the turnaround time will be less than 24 hours from the time which you submit the evaluation form until you receive your certificate by email. If you did not adequately complete the assignments, the trainer will send you an email requesting that the coursework be redone. Be sure to watch for emails from Debbie Hasbrook, Successful Solutions, for coursework feedback.

If you do not receive your certificate within 24 hours from when you submit the evaluation form, check your junk mail or spam folder. If the certificate email is lost in cyberspace, we will not know that you did not receive it. You will need to provide us with a different email address, such as a new Yahoo email account, to receive your certificate. Please be aware that Wavecable and Comcast especially seem to have difficulties receiving our emails with the certificates attached. Thank you for your cooperation and patience.