

# Back-to-School Transition Tools for the Early Childhood Teacher

## TRAINING REFERENCES

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Back-to-School Night Do's and Don'ts, By: Meghan Mathis, TeachHUB

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Promoting Mindfulness: Helping Young Children Cope With Separation, by Julia Yeary

[http://www.naeyc.org/yc/files/yc/file/201311/YC1113\\_R%26Rolling\\_Promoting\\_Mindfulness\\_Yeary.pdf](http://www.naeyc.org/yc/files/yc/file/201311/YC1113_R%26Rolling_Promoting_Mindfulness_Yeary.pdf)

Arranging the Active Learning Environment: Setting Up the Preschool Classroom, by Nancy Vogel

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How to Ease Your Child's Separation Anxiety, by Wendy Sue Swanson, MD, MBE, FAAP

<https://www.healthychildren.org/English/ages-stages/toddler/Pages/Soothing-Your-Childs-Separation-Anxiety.aspx>