

Sample Daily Schedule for Toddlers and Preschoolers

7:00 – 8:00	Center Opens, Breakfast, Greetings
8:00 - 9:00	Free Time (Activity Center)
9:00 – 9:30	Clean-up, Circle Time, Songs, Stories, etc. *
9:30 – 9:45	Snacks
9:45 – 9:50	Wash Up
9:50 – 10:50	Small and Large Muscle Activities
10:50 – 11:45	Group Activities
11:45 – 12:15	Lunch
12:15 – 12:30	Getting Ready to Rest, Mats Out
12:30 – 1:30	Quiet Time or Nap Period
1:30 – 3:00	Free Time and Outdoor Play, depending on weather
3:00 – 3:15	Circle Time *
3:15 – 3:30	Snacks
3:30 – 4:30	Group Activities
4:30 – 5:30	Free Time, Coloring, Painting, Stories, Activity Centers
5:30 – 6:00	Center Closes, Farewells

*Children are not required to come to circle time. Alternate activities are available.